

TEAM COACH TRAINING

Programme Comparisons

Systemic Team Coaching Certificate (STCC)



Vs



Team Coaching Fundamentals (TCF)

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| Summary | This 3-day accredited programme provides a very practical, experiential and focused introduction to a key proven, established and systemic team coaching framework (Hawkins 5 Disciplines model). It appeals to multiple learning styles, is fast paced and requires some additional pre-work. | This 3-day accredited programme is a holistic overview of the field, encouraging participants to define what is useful to them. It appeals to multiple learning styles and has a blended, evenly paced style. |
| Format | 3 full day programme face to face. OR a virtual 6-module programme is available consisting of: <ul style="list-style-type: none"> • Video and reading pre-work | 3 day programme Programme can be run virtually or face to face. Can be delivered as open programmes or in-house. <ul style="list-style-type: none"> • 1 x 2 hour tutorial webinar • 3 full day virtual programme • 1 x 2 hour consolidation tutorial Can be delivered as open programmes or in-house. |
| Core input | Structured around the Hawkins 5 Disciplines Model of High Performing Teams with theory, models, tools and techniques blended into experiential/practical activity. | Structured around the AoEC Team Coaching Competencies, with time spent on each competency for theory, models, discussions and coaching practice. |
| Additional inputs | Gain accreditation for the TC360 team assessment tool. Experience the SIDER process in structuring a simulated team coaching programme. | Learn the SIDER process for structuring a team coaching programme. |
| Programme style | The programme is structured around a role-played business simulation with a strong emphasis on practical experimentation with feedback and reflective learning in the moment in the context of a stimulating, fast-moving and very practical agenda. | The programme is designed in the 'AoEC style' of coach training, blending coaching practice in a simulation with a variety of models and theoretical input, as well as opportunities to discuss the theory, carry out exercises in small groups and reflect on learning in pairs. |
| Practical elements | Provides opportunities to experiment, practice and experience team coaching in a simulation from multiple viewpoints (part of a coaching pair, role play team member and observer) with feedback from the facilitators and the cohort. | Blends opportunities to practice team coaching in coaching pairs in a simulation (with feedback from the facilitators and the cohort) with a blend of creative exercises, group work and reflection in pairs. |
| Summary outcome | Provides an introductory experience of the Systemic Team Coaching concepts and frameworks developed by AoEC in partnership with Prof. Peter Hawkins. Accreditation to use the TC360 team assessment tool. It also is a pre-requisite for the STC Diploma, doubling as Module 1. | Provides a thorough foundation in the core concepts of team coaching, with a blend of theory and input from a variety of sources. After this programme, people may choose to deepen their learning in the more specialist systemic approach covered in the STC Certificate. |
| Suitable for? | People who have an understanding of coaching skills and some knowledge or experience of team development and models of team performance – gained either through coaching, training, consulting, facilitating, HR/OD roles or leading teams. The very fast pace and intensity is suited to people who learn best through action. | People who have undertaken coach training but may or may not already have some experience of supporting team development. With its 'AoEC style', it will be a familiar format for those who have previously attended the Practitioner Diploma in Executive Coaching programme. |
| Accreditation | The Systemic Team Coaching Certificate is accredited with the International Coaching Federation (ICF) for 19 CCEUs (Continuing Coach Education Units) - 16 Core Competencies and 3 Resource Development.  | The Team Coaching Fundamentals Certificate is accredited with the International Coaching Federation (ICF) for 18 CCEUs (Continuing Coach Education Units) - 11 Core Competencies and 7 Resource Development.  |
| What will you be able to do after? | Participation enables you to be more confident in the use of STC concepts and frameworks in your interactions with teams. It also doubles as Module 1 for the Diploma - which is necessary to be an AoEC accredited Systemic Team Coach. | Participation aims to develop your confidence and competence, drawing on your existing coaching skills and providing experience in and knowledge of the other competencies needed to effectively coach teams. |